

# Soft Drinks

## COOL DRINKS

### 100% Fruit Juice (275ml glass)

Pomegranate Juice .....	£5.50
Apple Juice .....	£4.95
Orange Juice .....	£4.95

### Fruity Botanicals (275ml bottle)

Victorian Lemonade .....	£4.50
Rose Lemonade .....	£4.50
Sparkling Raspberry .....	£4.50
J2O Apple & Mango .....	£4.50

### Kombucha (250ml can)

Raspberry .....	£4.95
Lemon & Ginger .....	£4.95

### Colas (330ml bottle)

Coca Cola .....	£4.25
Diet Coke .....	£4.25
Coke Zero .....	£4.25

### Sodas (330ml can)

7 Up .....	£4.25
Fanta .....	£4.25

### Mineral Water (330ml bottle)

Still .....	£2.00
Sparkling .....	£2.25

### Smoothies & Shakes (275ml glass)

100% NATURAL

#### Energy Splash Smoothie ... £6.95

Banana, strawberry, blueberry, raspberry, blackcurrant, spinach, apple, maca, chia seeds, cacao, guarana)

#### Defence Shot Smoothie ..... £6.95

Pineapple, mango, banana, papaya, apple, ginger, flaxseed, goji berry, baobab, pumpkin & sunflower seeds

#### Power Milkshake .....

Slightly chocolatey, banana, blueberry, spinach, cauliflower, date, avocado, cacao, pea protein, pumpkin seeds, maca

#### Glass of Milk .....

£3.95

## HOT DRINKS

### Mug of Tea (325ml) ..... £4.50

English Breakfast	Cherry & Cinnamon
Green	Cranberry & Raspberry
Redbush	Echinacea & Raspberry
Redbush & Vanilla	Fennel
Earl Grey	Spiced Ginger
Lady Grey	Lemon & Ginger
Darjeeling	Liquorice
Chai	Peppermint
Camomile	Peppermint & Nettle
Camomile & Honey	Strawberry & Raspberry

### Mug of Hot Water / Refill ..... £2.00

### Green Tea & Plum Wine (25ml) .... £8.50

### Pot of Japanese Tea (per person) ... £7.95

Mugicha - roasted barley tea  
(free hot water top up on request)

### Flora Tea ..... £7.95

See separate menu  
(free hot water top up on request)

### Mug of Coffee (325ml) ..... £4.50

Americano	Flat White
Latte	Kenco Instant
Cappuccino	

### BIG CUP of Coffee (550ml) ..... £7.95

Americano
Latte
Cappuccino

### Double Espresso ..... £3.95

### Hot Chocolate ..... £4.50

### Hot Milk & Honey ..... £4.95

### Turmeric Latte ..... £4.50

Turmeric & black pepper in steamed milk

### Caramel Boba ..... £6.95

Bubble tea with tapioca pearls

Prices include Soft Drinks Industry Levy where applicable (aka sugary drink tax)

Food Allergies & Intolerances: Before you order any food & drinks, please check ingredients with our staff