

## Hot Drinks

<b>Mug of Tea</b>	£2.95
<i>English breakfast, green tea, redboosh, redboosh &amp; vanilla, earl grey, lady grey, darjeeling, chai, camomile, camomile &amp; honey, cherry &amp; cinnamon, cranberry &amp; raspberry, echinacea &amp; raspberry, fennel, spiced ginger, lemon &amp; ginger, liquorice, peppermint, peppermint &amp; nettle, strawberry &amp; raspberry,</i>	
mug of hot water	£2.00
<b>FLORA TEA</b>	£5.95
<b>Green Tea &amp; Plum Wine</b>	£6.00
<b>Pot of Japanese Tea MUGICHA</b>	£7.50
<i>roasted barley tea, specially imported from Japan</i>	
<b>Coffee Mug (325ml)</b>	£3.00
<i>Americano, Flat White, Latte, Cappuccino, Kenco Instant</i>	
<b>CARO</b> Caro is a caffeine-free hot drink blended from barley, barley malt, chicory & rye.	£3.50
Add <b>Hazelnut Syrup</b> or <b>Caramel</b>	0.90
Add 25ml shot <b>Baileys</b> or <b>Kahlua</b>	£2.50
<b>Coffee BIG CUP (550ml)</b>	£4.95
<i>Americano, Latte, Cappuccino</i>	
<b>Double Espresso</b>	£3.00
<b>Hot Chocolate</b>	£3.95
<b>Hot Milk &amp; Honey</b>	£4.00
<b>Turmeric Latte</b>	£4.00
<i>turmeric, cinnamon, cardamon, vanilla, ginger, chilli, black pepper in hot milk.</i>	

## SMOOTHIES 100% natural

<b>Energy Splash</b>	£5.50
<i>strawberry, blueberry, banana, raspberry, blackcurrant, spinach, apple, flaxseed, Mac, cacao, guarana.</i>	
<b>Defence Shot</b>	£5.50
<i>pineapple, mango, papaya, banana, apple, ginger, goji berries, flaxseed, pumpkin seed, sunflower seed, baobab.</i>	
<b>Detox Fix</b>	£4.95
<i>pineapple, spinach, apple, kale, ginger, lemon, spirulina, chlorella, wheatgrass, barleygrass</i>	
<b>Happy Day</b>	£4.95
<i>banana, strawberry, mango, apple</i>	

## Sake & Plum Wine

### Futsushu Sake

**14.5% ABV**

*every day sake - distinctly dry with a sharp refreshing finish. Popular drinking sake.*

<b>125 ml</b>	£6.50
<b>250 ml</b>	£11.25
<b>500 ml</b>	£20.00
<b>1.8 litre bottle</b>	£51.00

### Junmai Sake

**15.5% ABV**

*pure sake - mellow & full bodied, fruity aroma & refreshing aftertaste.*

*Suitable for sake beginners and experts alike.*

<b>125 ml</b>	£8.00
<b>250 ml</b>	£14.00
<b>500 ml</b>	£25.00
<b>720 ml bottle</b>	£29.00

### Daiginjo Sake

**15.5% ABV**

*premium sake - each grain milled to 50%. Fragrant & complex taste. For sake drinkers. Best chilled or ambient.*

<b>125 ml</b>	£15.00
<b>250 ml</b>	£27.00
<b>500 ml</b>	£47.00
<b>720 ml bottle</b>	£55.00

### Umeshu Plum Wine

**19% ABV**

*Deliciously sweet and sour. Made with fully ripened nano Ume plums. Usually served chilled or ambient.*

<b>125 ml</b>	£16.00
<b>250 ml</b>	£28.00
<b>500 ml</b>	£49.00
<b>720 ml bottle</b>	£57.00